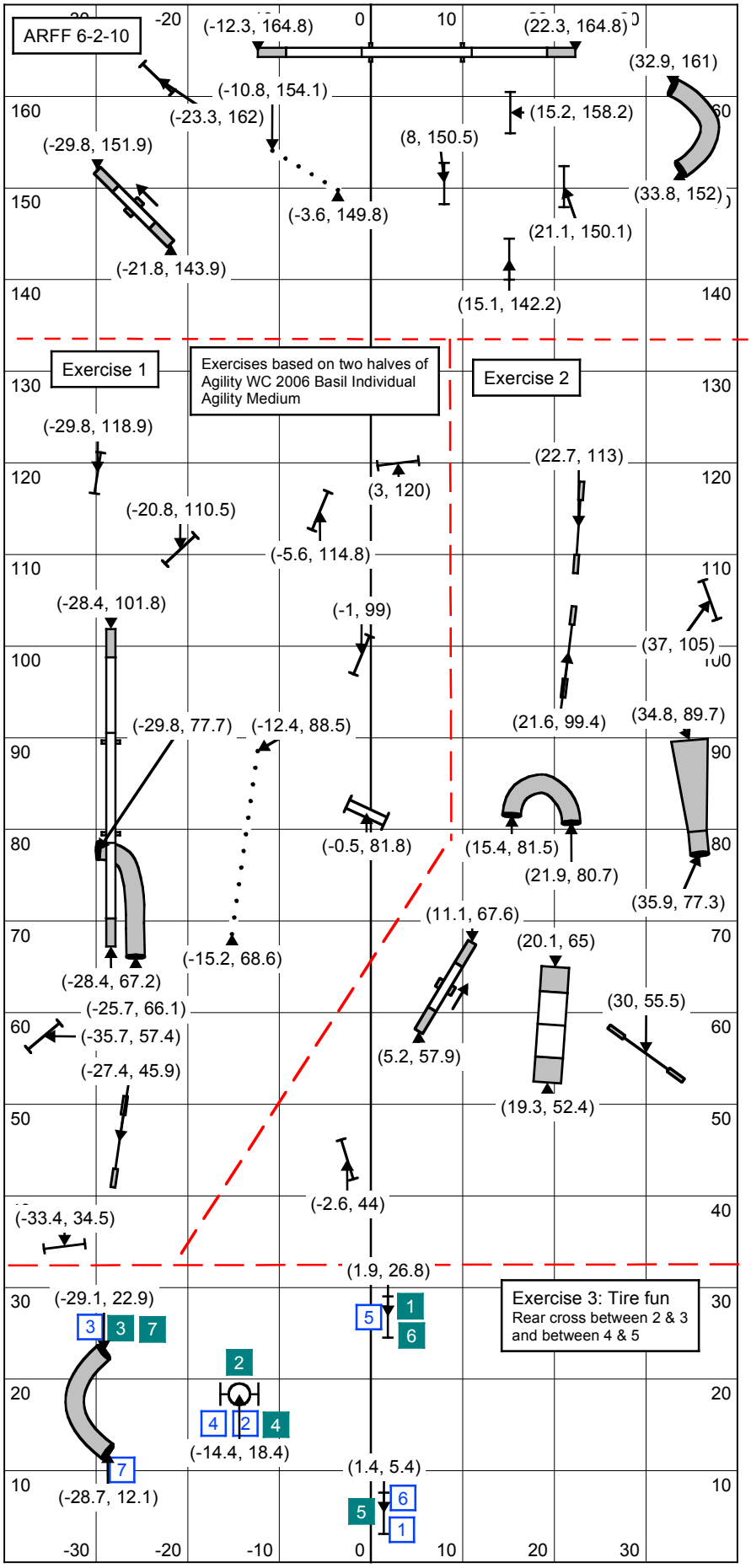
ARFF 6-2-10
(-12.3, 164.8)
(22.3, 164.8)
(32.9, 161)
(-10.8, 154.1)
(-23.3, 162)
(15.2, 158.2)
(8, 150.5)
(-29.8, 151.9)
(33.8, 152)
(-3.6, 149.8)
(21.1, 150.1)
(-21.8, 143.9)
(15.1, 142.2)
Exercise 1
Exercises based on two halves of Agility WC 2006 Basil Individual Agility Medium
Exercise 2
(-29.8, 118.9)
(22.7, 113)
(3, 120)
(-20.8, 110.5)
(-5.6, 114.8)
(-28.4, 101.8)
(-1, 99)
(37, 105)
(21.6, 99.4)
(34.8, 89.7)
(-29.8, 77.7)
(-12.4, 88.5)
(-0.5, 81.8)
(15.4, 81.5)
(21.9, 80.7)
(35.9, 77.3)
(11.1, 67.6)
(20.1, 65)
(-15.2, 68.6)
(-28.4, 67.2)
(-25.7, 66.1)
(30, 55.5)
(-35.7, 57.4)
(5.2, 57.9)
(-27.4, 45.9)
(19.3, 52.4)
(-2.6, 44)
(-33.4, 34.5)
(1.9, 26.8)
(-29.1, 22.9)
Exercise 3: Tire fun
Rear cross between 2 & 3 and between 4 & 5
(-14.4, 18.4)
(1.4, 5.4)
(-28.7, 12.1)