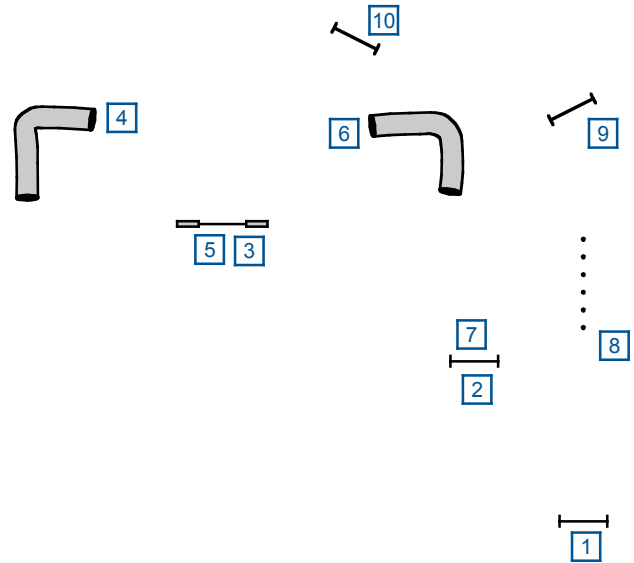
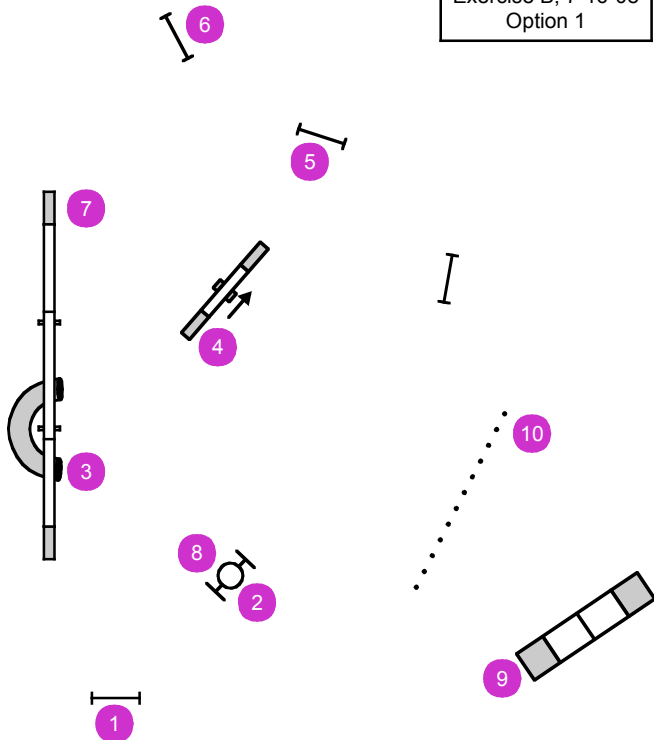


Exercise A: Figure 8s with a winged jump and tunnels—they're actually a sort of modified serpentine. Can you layer #7 and #8 in the lefthand exercise and #9 and #10 in the righthand exercise? From a Jim Basic exercise, Clean Run Camp 2004)



Exercise B, 7-16-08
Option 1



Exercise B, 7-16-08
Option 2

